

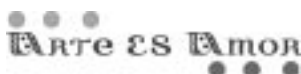
# Activities for Adults

## Poetry in April Presented by **WAL\*MART**

Join us for readings with featured writers followed by moderated discussions with Catherine Hammond in celebration of National Poetry Month. Every Tuesday in April 7-8:30pm Tempe Public Library Program Room 3500 S. Rural Road Information: 480/350-5287 or [www.tempe.gov/arts/Events/Poetry.htm](http://www.tempe.gov/arts/Events/Poetry.htm)

### 2006 schedule

April 4 - Cordelia Candelaria  
*This is an Artes es Amor event.*  
 April 11 - Roberta Burnett  
 April 18 - Sally Ball  
 April 25 - Jim Simmerman



Artes es Amor is a year-long celebration of Latino arts and culture throughout Tempe and ASU.

## Activities at the Tempe Historical Museum 480-350-5100

### 3rd Thirstday Night Café

Tempe Historical Museum  
 Free Admission

The museum is presenting a series of monthly programs in a café setting that run from September through May. The exhibit hall will be open to the public from 6:30 to 8:30 pm on the third Thursday of each month. The programs begin at 7 pm.

### Thurs., Feb 16, 7 pm

**Betsy Fahlman, Ph.D., "Arizona During the Depression: New Deal Photography and Culture in the Southwest"**-Dr. Fahlman, Professor of Art History at Arizona State University, will be speaking about how federal programs set forth during the New Deal era sent artists to Arizona to record U.S. history and Southwestern culture. (Arizona Humanities Council)

### Thurs., March 16, 7 pm

**Leandro Soto, "Displacement"**-Mr. Soto will give a slide presentation about Cuban art and discuss how being out of your own land can increase, decrease or expand your creativity.

### Thurs., April 20

**Teen's Café.**-See listing under "Activities for Teens" on page 20.

### Tempe Historical Society's Speakers' Program

Tempe Historical Museum classroom

Free Admission

Bring your lunch and hear interesting speakers. Coffee is provided. For more information call 480-350-5100.

### Wed., Feb 8, 11:30 am-1 pm

**"Arizona Politics: 1972-2002"**-Dick Bryce presents a penetrating review of thirty years of change in the Arizona political scene.

### Wed., March 8, 11:30 am-1 pm

**"Images from the Past"**-Dr. Amy Douglass gives a fascinating account of the petroglyphs on Tempe Butte and their significance and relationship to the ancient Hohokam.

### Wed., April 12, 11:30 am-1 pm

**"From Pans to Pits: The History of Mining in Arizona"**-Dr. James McBride gives a slide presentation about the evolution of mining in Arizona, from its beginnings to today's computer-controlled open pit industry.

**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.

### Rock Art Tour on Hayden Butte

Thurs., March 16, 10-11am

Hayden Butte Preserve

Free Admission

Learn about Hohokam rock art with Dr. Amy Douglass, Museum Administrator and archaeologist. Meet at the trail head behind the Tempe Police and Courts building, on the north side of Fifth Street, just east of Mill Avenue. Wear comfortable shoes; bring water and binoculars. The hike is rated moderate.



## Ceramics Classes & Open Studio 480-350-5287

**Ceramics Workshop**-The City of Tempe Cultural Services is proud to present internationally famed ceramic artists Xiaoping Luo and Junya Shao for a one day workshop. You will see a demonstration of an Yixing traditional round teapot and slab built contemporary figure sculpture. This workshop will also include a traditional and contemporary Chinese art slide show and hands on realistic bamboo and wood textures in clay. Limited space available, so register early! Lunch is included in \$40 class fee.

1167 Adult S 3/18 9am-5pm VIHEL

*All Ceramics students must bring Cone 10 clay and required supplies to the first class. For a list of required materials and ceramics supply locations, visit [www.tempe.gov/arts/ArtEducation](http://www.tempe.gov/arts/ArtEducation) or the Vihel Center main office.*

### Classes-Participants & Observation:

- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.
- \* Closed-toe shoes are required for ceramics, pottery and jewelry classes.

### \*NEW 10-WEEK SESSIONS

**\*Pottery Club**-Enjoy a leisurely morning of hand building and throwing on the wheel. All skill levels welcome to attend this self-paced class. Instruction is provided by Bridget. Fee: \$100.

1135 Adult W 3/22-5/24 9am-Noon VIHEL

**\*Ceramics Survey**-Beginning pottery class that focuses on hand building, an introduction to throwing and glazing techniques. Instructor: Bridget. Fee: \$100.

1101 Adult Tu 3/21-5/23 6:30-9:30pm VIHEL

**\*Ceramics II**-Pre-requisite: Ceramics Survey. A combination of throwing and hand building for continuing students. Explore surface decoration and slip techniques. Students select projects with instructor approval. Instructor: Bridget. Fee: \$100.

1102 Adult Th 3/23-5/25 6:30-9:30pm VIHEL

**\*Throwing I**-Pre-requisite: Ceramics Survey. This class is designed to introduce skills for the potter's wheel through a series of structured drills and projects. Activities also include glazing. Instructor: Bridget. Fee: \$100.

1142 Adult M 3/20-5/22 6:30-9:30pm VIHEL

**\*Throwing II**-Pre-requisite: Throwing I. Class focus is the creation of a variety of styles and shapes as well as an exploration of glazing techniques. Also, self-directed projects with instructor approval. Instructor: Bridget. Fee: \$100.

1143 Adult W 3/22-5/24 6:30-9:30pm VIHEL

**\*Ceramics Open Studio**-Participants must be currently enrolled in a Tempe Ceramics class or have taken one within the last calendar year to register for Open Studio. No instruction provided. Glazes, electric wheel and firing are provided for pieces created during Open Studio. Supervisor: Jeanne. Fee: \$100.

1100 Adult Sa 3/25-5/20 1:30-4:30pm VIHEL

## Arts and Crafts

**Knitting; Beginner 480-350-5201**-Knitting is a fun, popular and easy handcraft to learn. This class will introduce you to basic knitting stitches, tools and pattern reading. Learn a relaxing and productive skill that you can enjoy for years to come. Fee includes instructional handouts, knitting needles and yarn. Fee: \$57.

777 16yrs+ Sa 5/20-5/27 1-4pm KRC

**Mending 480-350-5201**-Not sure how to mend a little tear? This class will teach you how to do light mending for clothing, etc. Topics covered will include sewing on a shank button, flat button, stitching a torn seam, replacing a zipper, using mending products currently on the market and putting in a hem. Supplies will be provided by instructor. Fee: \$32.

778 16yrs+ Sa 4/1 1-3pm KRC

**Sewing, Basics 480-350-5201**-Do you have a sewing machine that you would like to put to use? This class will provide an introduction to basic machine sewing. Bring sewing machine and manual to class. View supply list at [www.tempe.gov/pkrec/krc](http://www.tempe.gov/pkrec/krc). Fee: \$44.

779 16yrs+ Sa 4/8-4/15 1-4pm KRC

**Sewing, Intermediate 480-350-5201**-Find out how to put in a zipper, make button holes, use velcro, elastic and a needle punch while making your own sewing kit (Kit size approx. 15" x 40" unfolded). You'll increase your sewing skills and learn how to tackle techniques that you "thought" were difficult. Prerequisite: Sewing Basics or previous sewing experience. Bring sewing machine and manual to class. View supply list at [www.tempe.gov/pkrec/krc](http://www.tempe.gov/pkrec/krc). Fee: \$44.

780 16yrs+ Sa 5/6-5/13 1-4pm KRC

## Visual Arts 480-350-5287

*For materials lists for all adult visual arts classes, visit [www.tempe.gov/arts/ArtEducation](http://www.tempe.gov/arts/ArtEducation) or the Vihel Center main office. Bring materials you currently have to the first class and the instructor will review the supply list.*

**Drawing & Sketching**-Basic course designed for all skill levels that focuses on various techniques and media, with an emphasis on learning "to see." Estimated cost of materials is \$15. Bring pencils, paper and eraser to first class. Instructor: Donna. Fee: \$48

1109 Adult M 3/20-5/8 6:30-9:30pm VIHEL

# Activities for Adults



**Floral Design**-Create your own basic floral designs in this workshop with guided instruction. Demonstrations and projects teach the fundamentals of fresh, dried and silk flower arrangement. Participants provide materials for selected projects at second class. 6-week class. Instructor: Jan. Fee: \$32.

1113 Adult Th 3/23-4/27 7-9 pm VIHCL

**Oil & Acrylic Painting**-Basic course emphasizing composition, color theory, techniques and subject matter. Estimated cost of materials is \$75. Instructor: Donna. Fee: \$48.

1132 Adult Mo 3/20-5/8 6:30-9:30pm VIHCL

**Watercolor Painting**-Emphasis is on technique and subject matter. For the beginning and intermediate student. Estimated cost of materials is \$40 depending on projects selected. Instructor: Donna. Fee: \$48.

1168 Adult W 3/22-5/10 6:30-9:30pm VIHCL

**Mixed Media**-Basic course designed for those interested in combining media and techniques to create art. Focus will be placed on learning collage, assemblage and various painting methods. Estimated cost of supplies necessary for class is \$35. Instructor: TBA Fee: \$48.

1129 Adult Th 3/23-5/11 6-9pm NSA

## Jewelry and Metalsmithing 480-350-5287

*For a list of suggested materials and jewelry supply retailers, visit [www.tempe.gov/arts/ArtEducation](http://www.tempe.gov/arts/ArtEducation) or the Vihel Center main office. Safety glasses are required for students in all Jewelry classes and must be brought to the first class.*

**Basic Beading Class 480-350-5201**-Participants will learn about the tools and materials they need to make their own basic jewelry, as well as how to finish it off with crimps and clasps. Each student will be able to make and keep a necklace and a pair of earrings. All materials provided. Fee: \$31.

731 18yrs+ Sa 4/1 10am-12:30pm KRC

☎ **NEW! Earring Class 480-350-5201**-Learn to create several different types of earrings! These styles will liven up your jewelry collection and make great gifts. All materials provided. Prerequisite: Beginning Wire Wrap. Fee: \$31.

734 18yrs+ Sa 6/3 10am-12pm KRC

**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.

**Jewelry I-A** course for beginners. Learn how to use a jeweler's saw and file and finish metal with silver solder. Work with silver, copper and brass in sheet and wire form. Supply costs vary depending on materials and tools needed; approximate cost is \$75. Instructor: Eric. Fee: \$80

1119 Adult M 3/20-5/8 6-8:45pm PAC

**Etching and Enameling**-Explore the possibilities of adding color to your etchings with the process of fusing glass to metal. Enamel on your old intaglio plates or new copper plates. Learn the traditional processes of baisse-taille and champleve as applicable to jewelry, wall-pieces and sculpture. Beginners and intermediate students welcome. Supply costs will vary depending on materials and tools needed; approximate cost is \$50. Instructor: Jessica. Fee: \$80.

1111 Adult Tu 3/21-5/9 6-8:45pm PAC

**Casting**-Jewelry I or equivalent experience necessary. This course will cover the basics of lost wax casting. Participants will learn about working with wax, mold making and finishing cast pieces. Other low-tech methods of casting will be demonstrated, such as cuttlebone casting and tufa stone casting. Supply costs will vary depending on materials and tools needed. Instructor: Eric. Fee: \$80.

1099 Adult W 3/22-5/10 6-8:45pm PAC

**Jewelry Open Studio**-PREVIOUS EXPERIENCE REQUIRED. For safety, only experienced participants are eligible. Must be currently enrolled in a City of Tempe jewelry class, or have completed a Tempe jewelry class within the last year. Supervisor: Jessica. Fee: \$80.

1120 Adult Th 3/23-5/11 6-8:45pm PAC

**Metal-forming**-Learn how to integrate die-forming into your metalwork as a quick way to make shallow relief and 3-D forms. The method is applicable to production jewelry, fabricated containers and much more. Hydraulic press forming and chasing and repoussé will be taught. Supply cost will vary; approximate cost is \$60. 4-week class. Instructor: Jessica. Fee: \$40.

1128 Adult S 3/25-4/15 1-3:45pm PAC

☎ **NEW! Mother's Day Beading Party! 480-350-5201**-Enjoy an afternoon of creativity and socializing! Spend the afternoon making earrings (\$5), bracelets (\$10) and necklaces (\$15). Enjoy refreshments and music while creating your jewelry. Instruction is available, all tools, accessories and beads are provided. No experience necessary. Come and go as you please. Registration fee does not include price of jewelry. Fee: \$10.

736 10yrs+ Sa 5/6 12:30-4:30pm KRC

☎ **NEW! Wire Bead Connector Class 480-350-5201**-Learn how to use wire to create fabulous shapes to use as jewelry connectors. Then, incorporate them with beads to make a unique bracelet. All materials provided. Prerequisites: Beginning and Intermediate Wire Wrap. Fee: \$31.

735 18yrs+ Sa 5/27 10am-12:30pm KRC

**Wire Wrapped Jewelry; Beginning 480-350-5201**-Participants will learn about the tools, materials and strategies necessary to make basic wire-wrapped jewelry. Each student will be able to make and keep a wire-wrapped bracelet or anklet. All materials provided. Fee: \$31.

732 18yrs+ Sa 4/15 10am-12:30pm KRC

**Wire Wrapped Jewelry; Intermediate 480-350-5201**-Learn valuable new skills to add to your knowledge of wire-wrapped jewelry. Learn how to make your own findings and how to incorporate new techniques into your wire-wrapped designs. Prerequisite: Beginning Wire Wrapped Jewelry. All materials provided. Fee: \$31.

733 18yrs+ Sa 5/13 1:30-4pm KRC

## Dance & Music 480-350-5287

**Argentine Tango and New York Hustle**-Learn two of today's hottest dances. Enjoy the creativity, playfulness and freedom of the New York Hustle danced to upbeat music, and experience beautiful, passionate, authentic Argentine tango. Instructor: Chad. Fee: \$32 per person.

1169 Adult W 9/14-11/2 8-8:55pm NSA

**Ballroom Boot Camp**-Elevate your dance to the next level. This class will focus on several different dance styles. For the experienced dancer to learn to move with elegance, grace and style. Register with partner. Instructor: Chad. Fee: \$32

1097 Adult Th 3/23-5/11 5:45-7pm VIHCL

**Ballroom Dance I**-It's not just for the stars! Cozy up with foxtrot, glide smoothly in an elegant waltz and experience the romantic and playful rhumba. Sizzle up the dance floor with the hot Latin beat of merengue! Learn for the fun of it, for social outings, cruises, weddings and all occasions. Register with a partner. Instructor: Chad. Fee: \$32 per person.

1088 Adult M 3/20-5/8 6:30-7:25pm VIHCL

**Ballroom Dance II**-Must also register for Ballroom Dance I. Continue practicing your skills while refining your technique, footwork, posture, attitude and style. Register with a partner. Instructor: Chad. Fee: \$8 per person.

1089 Adult M 3/20-5/8 7:30-7:55pm VIHCL

**Belly Dance I**-This beginning class introduces you to belly dance moves and music. Learn the exotic way to exercise and have fun with Samia. Fee: \$32.

1094 12yrs+ W 3/22-5/10 6:30-7:25pm VIHCL

**Belly Dance II**-This intermediate class focuses on more advanced movements and dances. Includes veil and floor work and new zil patterns. Instructor: Samia. Fee: \$32.

1095 12yrs+ W 3/22-5/10 7:30-8:25pm VIHCL

**Belly Dance III**-Advanced performing class. Work on polishing and perfecting your performance skills while adding moves and dancing to Middle Eastern music. Instructor: Samia. Fee: \$32.

1096 12yrs+ W 3/22-5/10 8:30-9:25pm VIHCL

**Beginning Guitar**-Get to know, tune and care for your guitar. This class will teach you basic scales, chords and strumming. You will play songs while learning about different types of music. Students must provide own guitars (acoustic or electric without amps). Beginning songbook included in class price. Instructor: George. Fee: \$45.

1171 14yrs+ Tu 3/21-5/9 6-7:25pm NSA

1172 14yr+ Tu 3/21-5/9 7:30-8:55pm NSA

1173 14yrs+ Th 3/23-5/11 6-7:25pm NSA

**Beginning Guitar II**-Pre-requisite: Beginning Guitar. For those who love to play guitar and have knowledge of basic chords. In this class you will learn more bar chords, performance styles and songs. Students must provide own guitars. Intermediate songbook included in class price. Instructor: George. Fee: \$45.

1091 14yrs+ Th 3/23-5/11 7:30-8:55pm NSA

**Elements Amazing Electronic Piano-KeyBoard Program 480-350-5200**-Learn keyboard skills on real songs you know and love! This program uses brilliantly conceived visual tools that show students how music works. Level 1: you will learn to read music on the treble clef in a lead sheet format and play chords using our exclusive chordometer. You will be playing a favorite song after just one lesson. Level 2: You will learn to read music on the bass clef in a grand staff format. After completing both levels you will be able to buy a piece of sheet music, read the notes, and play it! Keyboards are provided to each student for classroom use; all music materials are included at no extra charge. For more information call Elements Music at 623-933-0681. Fee: \$110.

**Level 1**  
1018 13yrs+ Th 3/30-5/11 6-7pm PAC

**Level 2**  
1019 13yrs+ Th 3/30-5/11 7:15-8:15pm PAC

# Activities for Adults

**Hip-Hop**-Looking for a high energy class where you can learn today's hottest moves? Come dance to today's hits while picking up some basic choreographed steps of this physical, street-based art form. Instructor: Jennifer. Fee: \$32.

1264 Beg Adult Th 3/30-5/18 7-7:50pm NSA  
1265 Int Adult Th 3/30-5/18 8-8:50pm NSA

**Latin Dance I**-Experience Latin dancing! Come learn various Latin dances such as the Cha-Cha, Rhumba/Bolero, Mambo/Salsa, Meringue and Samba. Register with a partner. Instructor: Chad. Fee: \$32 per person.

1122 Adult M 3/20-5/8 8-8:55pm VIHEL

**Latin Dance II**-Must also register for Latin Dance I. Continue work on more advanced variations, body rhythm and action, footwork, lead/follow, styling and technique. Register with a partner. Instructor: Chad. Fee: \$8 per person.

1123 Adult M 3/20-5/8 9-9:25pm VIHEL

**Latin Dance for Singles**-Want to learn the latest Latin moves, but don't have a partner at hand? Come learn Salsa and other Latin dance styles! Instructor: Chad. Fee: \$32.

1121 Adult W 3/22-5/10 7-7:55pm NSA

**Line Dance Beginning**-This is a perfect class for the beginner who would like to learn at a slower pace. Focus is on form, technique and terminology. Partner not required. Instructor: Fran. Fee: \$32.

1124 Adult Tu 3/21-5/9 5:30-6:25pm VIHEL

**Line Dance Easy Intermediate**-A great class to learn patterns and rhythm for Social or Line Dance. Partner not required. Instructor: Fran. Fee: \$32.

1125 Adult Tu 3/21-5/9 6:30-7:25pm VIHEL

**Line Dance Intermediate/Advanced**-Pre-requisite: Line Dance Beginning. For those who love to dance and have previous experience, this class presents continued learning and challenges. Partner not required. Instructor: Fran. Fee: \$32.

1126 Adult Tu 3/21-5/9 7:30-8:55pm VIHEL

**Swing I**-Learn to dance the latest moves to a variety of rhythms. Whether you call it Jive, Jitterbug, Lindy, East Coast or West Coast, come have a swinging good time. Register with a partner. Instructor: Chad. Fee: \$32 per person.

1137 Adult Th 3/23-5/11 7:30-8:25pm PAC

**Swing II**-Must also register for Swing I. An extended session for experienced dancers who seek an extra challenge. Learn quicker transitions and variations, better control and balance, timing and rhythm changes. Learn connection and centering. Register with a partner. Instructor: Chad. Fee: \$8 per person.

1138 Adult Th 3/23-5/11 8:30-8:50pm PAC

**Tap I**-A beginning class to learn basic tap steps and work on a new dance routine. Lots of fun and good exercise! Instructor: Mary. Fee: \$32.

1139 Adult M 3/20-5/8 6-6:50pm NSA

**Tap II**-Continue working on new routines while expanding your repertoire of steps, jumps and turns. Instructor: Mary. Fee: \$32.

1140 Adult M 3/20-5/8 7-7:50pm NSA

**Tap III**-For the more advanced tapper. Continue working on routines while further expanding your repertoire of steps, jumps and turns. Instructor: Mary. Fee: \$32.

1141 Adult M 3/20-5/8 8-9:50pm NSA

**Tribal Fusion Dance**-A low-impact aerobic dance combining old-style ethnic belly dance, modern cabaret belly dance and Rom (gypsy), ballet and yoga. Instructor: Morgiana. Fee: \$32.

1144 Adult Th 3/23-5/11 7-8:25pm VIHEL

**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.

**Wedding and Anniversary Survival 101**-A two-part crash course for brides and grooms, members of a wedding party, or anyone headed for a special event who wants to move in style! The first four weeks will focus on your special songs. The rest of the class will focus on making social dance look good and feel comfortable, as we move to popular songs. Bring a CD of your special song for practice. Register with a partner. Instructor: Chad. Fee: \$32 per person.

1145 Adult W 3/22-5/10 9-9:55pm NSA

## Health, Exercise & Sports Classes (480) 350-5200

**Adult Fitness**-Meet new people and feel great while working out in our fitness center. Fee: None.

1008 18yrs+ M/W 3/20-5/10 11am-12pm ESCA

**Aerobics-Step**-A high energy low impact cross training program which includes step work, light weight training and abdominal exercises. Steps will be provided. Fee: \$32.

1009 18yrs+ Tu/Th 3/21-5/11 5:30-6:30pm ESCA

➤ **NEW! Exercise, Body Ball/Sculpt 480-350-5200**-Develop muscular tone and strength while improving your flexibility, balance and endurance using body balls and weights. Instructor: Carole. Fee: \$39.

1076 16yrs+ Th 3/23-5/25 12-12:50 pm PAC

**Exercise, Body Sculpt 480-350-5200**-Through a series of non-aerobic exercises, using gravity, hand-held weights and resistance equipment such as elastic bands, you will gain specific muscle conditioning, building strength, endurance, and flexibility. Build strong bones, enhance breathing/circulation, tone muscles and relax your mind and heart. Instructor: Carole. Fee: \$55.

1022 16yrs+ Tu/Th 3/21-5/25 6-6:50pm PAC

➤ **NEW! Exercise, Cardio/Kick/Sculpt 480-350-5200**-Have fun and get fit in this class that incorporates martial arts conditioning with body sculpting and kick boxing combinations. Class taught by a certified Tae Bo instructor. Instructor: Carole. Fee: \$55

1023 16yrs+ Tu/Th 3/21-5/25 5-5:50pm PAC

**Exercise, Foundations to Better Running**-Learn to properly prepare for a long distance race or just develop your own running program with the assistance of a certified coach. Class benefits beginning and veteran runners alike; it is the workout you love to hate yet you'll come back for more! Class meets in the northern area of Kiwanis Park, enter the parking lot from Baseline Road. Fee: \$60.

1027 16yrs+ Th 3/23-5/11 5:45-7:15pm KIWPKN

➤ **NEW! Exercise, Pilates/Exercise/Dance**-You will get it all in this class! Strengthen & tone your muscles with Pilates then rev up your metabolism with fun dance moves. Instructor: Danielle. Fee: \$39.

1043 16yrs We 3/22-5/24 12-12:50pm PAC

**Exercise, Total Body Conditioning 480-350-5200**-Improve your overall fitness level with high and low impact aerobics and strength training using a variety of different exercises and equipment. Instructor: TBA. Fee: \$55.

1053 16yrs+ M/W 3/20-5/24 5:30-6:20pm PAC

**Exercise, Yogalates 480-350-5200**-Escape the stress of the day by strengthening your core (abs, back, buttocks) and treating yourself to relaxing stretches. A variety of exercise techniques taken from yoga and Pilates will be used to enable you to re-energize and strengthen your body. Instructor: Danielle. Fee: \$39.

1074 16yrs+ Tu 3/21-5/23 12-12:50pm PAC

1276 16yrs+ W 3/22-5/24 7-7:50pm WCC

**Discover Scuba**-See complete description in Outdoor Recreation section, p. 10.

## tempe connections

Our mission is to enrich our community by connecting Boomers+ with meaningful engagement through work and service, expand their horizons, and provide information and referral for services and programs.



**Arts Café**-Join faculty and staff from the Katherine K. Herberger College of Fine Arts for this FREE series where the community engages in dialogue about important art issues.

10 to 11:30am  
Consecutive Wednesdays through March 8  
Tempe Public Library Program Room  
3500 S. Rural Road

Featured guests

**Feb. 15** - Professor Mary Erickson Visual Worlds: Art Making & Meaning

**Feb. 22** - Sheila Britton and Karla Elling, Lyric Medicine: Poetry and the Mayo's Humanities in Medicine Program.

**March 1** - Professor and Library Archivist Kathryn Krzys, When the Lights go Down...Is the Performance Over

**March 8** - Chuck Banaszewski, Theatre for Social Change

Speaker/topic is subject to change. Visit [www.tempe.gov/arts/events/cafe.htm](http://www.tempe.gov/arts/events/cafe.htm) for updates.

**"What's Next" Life Planning Workshop 480-350-5435**-Many of our community members are approaching that time when they are asking the question, "What's Next?" "Life Planning" is an ongoing process that goes beyond traditional career or retirement planning efforts. "Life Planning" defines how you want to live, what you want to do, and who you want to be, as you continue into the next phase of your life. Come create a plan for the future and identify the resources you will need. Identify your strengths, passions, and purpose. Learn the right mix of options between work, service, learning, family, and leisure. Turn your dreams into goals. Four (4) consecutive Thursday evenings: April 6th thru April 27th, and repeated June 1st thru June 22nd, 2006, 5:30 to 7:30 pm., in the Social Services Meeting Room, top floor Tempe Public Library. There is a \$30 workshop fee. Please call for more information.

**Volunteer Recruitment-Connections Concierge 480-858-2454**-Come, be an integral part of the Connections experience. We are seeking persons to welcome patrons to Connections; connect Boomers+ with opportunities to make a difference in their community (unpaid and paid) and to offer information and provide referrals. An initial 8 hour training series and annual refresher session with a time commitment of 6-12 hours per month for one year is required.

**St. Joseph's Hospital and Medical Center** present monthly health education and prevention classes this spring in the Connections program room. *Upcoming topics include:*

**Destination Wellness**

**Stroke Prevention and Screening**

**Surfing the Web for Good Health**

**Healthy Women Build Healthy Communities**

Classes are free of charge. For more information call 480-858-2454 or visit [www.tempeconnections.org](http://www.tempeconnections.org).

**BenefitsCheckUp®**-This program provides a comprehensive, confidential online survey to determine eligibility for Federal, State and local benefits. It also includes programs offered by prescription drug companies and medical suppliers to reduce your out-of-pocket costs.

For more information about this free program, call Rolf Brown at 480-350-5563.

**Poetry In April**-See complete description page 21.

# Activities for Adults

**Fore! Golf Instruction 480-350-5200**-Fundamentals of golf: grip, stance, chip shots, full swings, rules, etiquette, putting and use of the driving range. Equipment is provided, but bring your own clubs if you have them. Fee: \$46.

1030	18yrs+	Tu	3/21-4/11	5-6pm	KMGC
1031	18yrs+	W	4/19-5/10	4-5pm	KMGC
1032	18yrs+	Sa	4/22-5/13	10-11am	KMGC

**In-Line Skate Classes**-From the complete beginner to those who would like to enhance their skill, take the fear out and be "in control", let sk8right instructors show you how to get the most out of your skating. Lesson sequence consists of different levels designed to develop participant skills, from beginner to advance. Although you may enter at any level, we highly recommend all novice or untrained skaters enter at Beginning level 1. Skates and protective gear will be provided or you may bring your own. Bring a water bottle and wear comfortable weather appropriate clothing. Fee: \$56.

<b>Level 1</b>					
1034	15yrs+	Su	4/23-5/7	8-9am	TTLMP
<b>Level 2</b>					
1036	15yrs+	Su	4/23-5/7	9-10am	TTLMP
<b>Level 3</b>					
1037	15yrs+	Su	4/30 & 5/7	10-11:30am	TTLMP

**Jujutsu 480-350-5201**-Learn a Jujutsu System that was used by feudal police of the Samurai Era. This class will focus on basic concepts such as joint locks, throwing, choking, blocking, striking, pinning, ground fighting and nerve center manipulation. No prior martial art training is needed. Fee: \$50.

588	16yrs+	Tu/W/Th	4/4-4/27	8-9:30pm	KRC
589	16yrs+	Tu/W/Th	5/2-5/31	8-9:30pm	KRC

**Karate 480-350-5201**-Increase flexibility, strength, relieves stress and have fun! Learn the self-defense art of Hawaii Kenpo from Hall of Fame Instructor Jack Wimbish. This is an on-going program with room for belt rank advancement. New student orientation at 5:30pm on first day of class. Uniform, belt and school patch available on the first day of class for \$45. Uniform, safety equipment, belt testing fees and additional supplies are required for participation in this class and are not included in the registration fee. Fee: \$50.

590	15yrs+	Tu/Th	4/4-4/27	6-7:30pm	KRC
591	15yrs+	Tu/Th	5/2-5/30	6-7:30pm	KRC

**Martial Arts, Self Defense-For Women Only 480-350-5200**-Learn how to protect yourself using attitude awareness and ability to develop practical ways to reduce your vulnerability to crimes such as rape and assault. Fee: \$36.

1077	16yrs+	Th	3/23-5/11	6:30-8pm	LIBR
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**Martial Arts, Kodokan Judo 480-350-5200**-An Olympic sport, Judo is the most participated martial art in the world. Participants take advantage of their opponents strength and momentum to throw and immobilize them. In this class you will learn the proper techniques for falling, throwing, grappling, submission and self defense of traditional Japanese Judo. Class taught by accredited black belt instructors, beginning to advanced students, gi or sweats recommended. \*No class 4/29 & 5/29. Fee: \$40 Adults; \$20 Youth.

1039	13yrs+	M	4/17-7/3*	7:05-8:35pm	LIBR
1040	10yrs+	Sa	4/15-7/1*	10-11:30am	CRC

**Martial Arts, Karate 480-350-5200**-Join this traditional martial arts class for beginning and intermediate students. Wear comfortable clothing, sweats are recommended. \*No class 4/29. Fee: Adult \$40; Youth \$20.

1038	13yrs+	Sa	4/15-7/1*	11:35am-1pm	CRC
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**Martial Arts of the Peaceful Warrior**-See complete description in Activities for Youth page 16.

**Martial Arts, Street Smarts**-See complete description in Activities for Youth page 16.

**Meditation, Zen**-This is a structured classical Zen meditation session using kōne study and meditative techniques. Traditional and modern methods are taught in this class. Fee: \$38.

1075	16yrs+	W	3/22-5/24	8-9pm	CRC
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**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.



**Pilates/Mat Science (multi-level) with Pippa Frame-Hill 480-350-5201**-Join us for a progressive series of exercises that accommodate all fitness levels to increase strength, flexibility and balance of the entire body. The exercises are derived from pilates, yoga, dance and sports rehab conditioning. The focus is on mindful movement, core stabilization techniques and unified body movements. Fee: Monthly fee below, or drop in for \$9.50 per class.

594	16yrs+	Tu	4/4-4/25	9-9:55am	\$34 KRC
595	16yrs+	W	4/5-4/26	6:15-7:15pm	\$34 KRC
596	16yrs+	Tu	5/2-5/23	9-9:55am	\$34 KRC
597	16yrs+	W	5/3-5/31	6:15-7:15pm	\$43 KRC

**Strength & Length with Pippa Frame-Hill 480-350-5201**-This class will include Pilates-based exercises and will use resistance bands and rings to strengthen, stretch, tone and improve posture. We will start with a gentle warm up, evolve into a challenging workout and finish with a series of stretches. All levels of experience are encouraged to attend as modifications and considerations will be provided. Fee: Monthly fee below, or drop in for \$9.50 per class.

598	16yrs+	M	4/3-4/24	9:15-10:15am	\$34 KRC
599	16yrs+	M	5/1-5/22	9:15-10:15am	\$34 KRC

**Stretch Class with Pippa Frame-Hill 480-350-5201**-Need a little more range of motion and flexibility? This half hour class is dedicated to releasing tension and increasing flexibility at any level of fitness. Long, slow stretches and PNF (Proprioceptive Neuromuscular Facilitation) methods will be used. Modifications will be given allowing you to stretch as comfortably as possible. This is a perfect compliment to the Pilates class right before it or any form of exercise. Please wear comfortable, roomy clothes.

600	16yrs+	Tu	4/4-4/25	10-10:30am	\$16 KRC
601	16yrs+	Tu	5/2-5/23	10-10:30am	\$16 KRC

**T'ai Chi, Beginning 480-350-5200**-Internal system to increase self-awareness, self-confidence and balance. Slow meditative movements teach internal focus and reduce stress levels. Fee: \$47.

1050	18yrs+	M	3/20-5/22	6:30-8pm	KRC
1051	18yrs+	M	3/20-5/22	8:05-9:35pm	KRC

**T'ai Chi, Advanced 480-350-5200**-For participants with previous T'ai Chi experience. Fee: \$47.

1052	18yrs+	Th	3/23-5/25	6:30-8 PM	CRC
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**Walking Club**-Join the walk club and discover the beauty of our neighborhood parks. Take your first step to a healthier lifestyle. Fee: None.

1010	18yrs+	W	3/22-5/10	9-10:30am	ESCA
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**Yoga, Introduction**-This class will help you get started. Learn what equipment you need and what you can use from around the house rather than making costly purchases. You will learn a basic warm-up routine, basic beginning level sun salutation, and you will learn a new Asana (posture) each class session. Fee: \$45.

1064	18yrs+	M	3/20-5/22	5:30-6:25pm	KRC
1065	18yrs+	W	3/22-5/24	5:30-6:25pm	CRC

## American Heart Association®

### Fighting Heart Disease and Stroke

**CPR Heartsaver plus AED 480-350-5201**-This course is intended for the general public. This American Heart Association (AHA) course teaches the basic techniques of adult, child and infant CPR (CardioPulmonary Resuscitation), how to use an Automated External Defibrillator (AED), what barrier devices are and what to do for choking. The course teaches how to recognize the signs of four major emergencies: heart attack, stroke, cardiac arrest and foreign-body airway obstruction. It also teaches ways to prevent many childhood emergencies. Participation cards will be issued at the successful completion of the course. Students must purchase Heartsaver CPR/AED book (\$11) before class, (available in the Kiwanis Recreation Center pro shop.) Fee: \$30.

622	16yrs+	Sa	4/1	8:30am-12:30pm	KRC
623	16yrs+	Sa	5/6	8:30am-12:30pm	KRC

**Health Care Provider CPR 480-350-5201**-This American Heart Association BLS (Basic Life Support) Healthcare Provider course is designed to meet the needs of healthcare professionals. The course includes adult and pediatric CPR, mouth to mask techniques, bag valve mask use, foreign-body airway obstruction and two-rescuer CPR. This course also contains information on barrier devices, stroke and AED use. Participation cards will be issued upon successful completion of the course. Students must purchase Healthcare Provider book (\$11) before class, (available in the Kiwanis Recreation Center pro shop.) Fee: \$35.

624	16yrs+	Sa	4/8	8:30am-12:30pm	KRC
625	16yrs+	Sa	5/13	8:30am-12:30pm	KRC

**Heartsaver First Aid 480-350-5201**-This course is intended for the general public. This American Heart Association (AHA) course teaches rescuers to effectively recognize and treat adult emergencies in the critical first minutes until Emergency Medical Services personnel arrive. This course follows OSHA's recommendations for training the lay rescuer or non-healthcare professional in the proper techniques of emergency response and basic first aid. Topics covered include first responder procedures for the management of common medical emergencies (diabetes, environmental, seizure, allergic reactions) and traumatic injuries (shock, burns, bleeding, fractures). Students must purchase a Heartsaver First Aid book (\$8.50) before class, (available in the Kiwanis Recreation Center pro shop.) Participation cards will be issued at the successful completion of the course. Fee: \$35.

626	16yrs+	Sa	4/22	8:30am-12:30pm	KRC
627	16yrs+	Sa	5/20	8:30am-12:30pm	KRC



# Activities for Adults

**Yoga Level 1**-Ancient science bringing mind and body together. Students and instructors work toward goal through the systematic exercising and conditioning of physical body. Body becomes more flexible, muscles toned; concentration and coordination are steadily improved. \*No class 3/31. Fee listed below.

1055	16yrs+	M	3/20-5/22	5:30-6:55pm	\$47	CRC
1056	16yrs+	M	3/20-5/22	7-8:30pm	\$47	CRC
1057	16yrs+	T	3/21-5/23	5:30-6:55pm	\$47	CRC
1058	16yrs+	T	3/21-5/23	7-8:30pm	\$47	PAC
1059	16yrs+	W	3/22-5/24	10:30-11:55am	\$47	PAC
1060	16yrs+	F	3/24-5/26*	10:30-Noon	\$45	KRC
1061	16yrs+	Sa	3/25-5/27	8-9:25am	\$47	CRC

**Yoga-Lunchtime**-Combined level classes. \*No class 4/13. Instructor: Marlene. Fee: \$49.

1067	16yrs+	T	3/21-5/23	11:30am-12:45pm	HH
1068	16yrs+	Th	3/23-6/1*	11:30am-12:45pm	HH

**Yoga, Yin & Restorative**-End your long hectic week with a slow, long holding, supported practice targeting the connective tissue of the hips, pelvis and lower spine. You will leave feeling renewed and refreshed. \*No class 3/31. Fee: \$45.

1073	16yrs+	F	3/24-5/26*	5:30-6:55pm	CRC
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**Yoga Level 2**-Deepen your practice, increasing your strength, flexibility, breath and focus. Practice more advanced poses and their variations with modifications for all skill levels. Strength & flexibility not a prerequisite. Fee: below.

1062	16yrs+	T	3/21-5/23	7-8:30pm	\$47	CRC
1063	16yrs+	M	3/20-5/22	7-8:30pm	\$47	PAC

**Yoga, Mixed-Level**-A class with something for everyone, from the beginner to the more advanced. Variations will be taught according to the level of each student. Fee: \$47.

1066	16yrs+	Th	3/23-5/25	7-8:30pm	PAC
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**Yoga/Pilates Combo with Pippa Frame-Hill 480-350-5201**-Integrate movements from both Hatha Yoga and Pilates to increase mind and body wellness. All levels welcome. Fee: Monthly fee below, or drop in for \$9.50 per class.

605	16yrs+	W	4/5-4/26	5-6pm	\$34	KRC
606	16yrs+	Th	4/6-4/27	9-9:55am	\$34	KRC
607	16yrs+	W	5/3-5/31	5-6pm	\$43	KRC
608	16yrs+	Th	5/4-5/25	9-9:55am	\$34	KRC

**Yoga, Stretch Yoga with Pippa Frame-Hill 480-350-5201**-Focusing on flexibility, this class will also tighten and tone the entire body. The result is a mind-body workout that improves health, athletic performance and mental acuity in people of all ages and fitness levels. All levels of fitness and ability are encouraged to participate at their own pace as modifications and variations will be offered. Fee: Monthly fee below, or drop in for \$9.50 per class.

609	16yrs+	W	4/5-4/26	7:30-8:30pm	\$34	KRC
610	16yrs+	W	5/3-5/31	7:30-8:30pm	\$43	KRC

**Yoga, Hatha Yoga with Meghan Goyette 480-350-5201**-Hatha Yoga offers the opportunity to relax and release your stress. This class will take you through a series of static postures that will increase your strength, flexibility and balance. Fee: Monthly fee below, or drop in for \$9.50 per class.

611	16yrs+	Su	4/2-4/30*	9:15-10:15am	\$34	KRC
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\*No class on 4/16.

**Yoga, Parent/Child**-Would your child like to come to Yoga with you? This is your chance to join Marcene in this parent/child class. Class is designed to be fun. Fee: Youth \$12; Adults \$24.

1069	6-12yrs	Sa	5/6-5/27	1:30-2:25pm	CRC
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**Yoga, Vinyasana**-You will enjoy this fast-paced, intermediate class that integrates strength with flexibility. Poses flow together to create a powerful, meditative way to deepen your practice. Bring a sticky mat. Instructor: Janna. Fee: \$47.

1070	16yrs+	W	3/22-5/24	6:30-8pm	PAC
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**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.



**Yoga, Qigong 480-350-5200**-Chinese style yoga combines gentle movement, meditation and breath regulation to enhance the body's energy flow. Cultivates inner strength, calms the mind and restores the body's natural state of health. Practiced at any age regardless of physical ability. Gentler exercise than Tai-Chi & Yoga, but equally powerful benefits. Fee: \$47.

1071	16yrs+	W	3/22-5/24	6:45-7:45pm	CRC
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## Personal Health & Wellness

**Weight Management through Hypnosis**-Get slim and healthy! Hypnosis is a safe and gentle way to learn to control and modify your eating behavior. While enjoying the deep relaxation of Hypnosis you will be given gentle suggestions that will help you begin to eat less, eat healthier and feel better about yourself. Wear comfortable clothing and bring a pillow to class. Fee: \$75.

1054	18yrs+	M	3/20-4/24	7-8:30pm	PAC
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➤ **NEW! Life Coaching Group Circles**-Do certain aspects of your career or personal life feel out of balance? In coaching circles, you will explore 8 general areas of your life that directly affect your ability to succeed in life. This is completed in a group setting and with the assistance of a certified Life Coach. The objective is to focus on your goals and create clarity in your life. Fee: \$90.

1078	18yrs+	Tu	3/28-5/16	6-7:30pm	ESCA
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## General Interest (480) 350-5200

**Alert Parents, Safer Kids 480-350-5201**-Do your children attend school? Do they participate in sports? Are they ever in the care of someone other than you? If you answered "Yes" to any of these questions this program is for you! Help your children learn to be safer with valuable information supported by Security Specialists, Law Enforcement Agencies and authorities from Missing Persons Organizations. This class is for adults only, bring paper and pen. Teachers can earn 2 CEU's. *If both parents would like to attend, the second registration is \$10.* Fee: \$25.

742	18yrs+	Tu	3/28	6:30-8:30pm	KRC
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➤ **NEW! Arizona Saves Workshop**-Learn how to increase your savings and build security for your future! Fee: None.

990	18yrs+	M	3/20	7-8pm	ESCA
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## PERFORMANCE BREAKTHROUGH SERIES Make a **BREAKTHROUGH**....

....**In Your Job! 480-350-5201**-Experience your mind's capacity to move out of a rut and create a new pattern of behavior! Take a new look at what's been keeping you from enjoying your job. You'll release an old emotional pattern and create a new neural pattern that gives you freedom to respond from a whole new perspective. Dress comfortably, bring a water bottle and pillow. Fee: \$45.

743	18yrs+	Sa	4/1	1-4:30pm	KRC
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....**In Improving Your Performance! 480-350-5201**-Experience your mind's capacity to create a performance shift! Discover what's been keeping you from having the results you want in sports, school, work or other areas in your life. You'll release old patterns that keep you in a rut, and create a new neural pattern that gives you the freedom to move and respond from a whole new perspective. Dress comfortably, bring a water bottle and pillow. Fee: \$45.

744	18yrs+	Sa	5/13	1-4:30pm	KRC
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**Empowering Women 480-350-5438**-See Social Services page 7 for more information.

**"What's Next" Life Planning Workshop 480-350-5435**-See Social Services page 7 for more information.

## Baby Signs Workshop

**480-350-5201**-Parents, prevent frustration and tantrums from your child by teaching them to communicate through sign language. Increase your child's vocabulary and learning potential. This workshop is designed for parents of infants, toddlers and parents to be. A \$40 supply fee is due to the instructor at the beginning of class. (Parent workshop, only adults may attend.) Fee: \$29.

1155	18yrs+	Sa	5/27	9-11:30am	KRC
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**Check Out a Baby Brain Box**-The Tempe Public Library and Escalante Community Center offer these interactive and beneficial activities for parents/caregivers and children. The Baby Brain Boxes consist of 12 individual kits: two for infants (infant-6 months), two for babies (6-12 months), two for toddlers (12-18 months) and six for pre-school (18-24 months) children. Each box contains activities that encourage healthy brain development. Specific instructions are included. Numbers are limited. Parents/Care givers can check out one box at a time for a two week period. Parents/ Caregivers are responsible for replacing all perishables, lost or damaged items. To check out a baby brain box call, (480) 350-5802. Fee: None.

18yrs+	Tu-F	3/21-5/12	11am-5pm	ESCA
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## Dog Training-Socialized

obedience for pet owners who don't want to be dog trainers, but want control of their dog. Training leash (6') and nylon slip collar required, no prong collars permitted. Slip collar available for purchase from instructor \$3. Dogs must be at least 5 months old and have had all shots and license. Proof required of both vaccinations and licensing at first class. Must attend all classes to be eligible for test and certificate. Fee: \$39.

1024	18yrs+	W	3/22-5/10	6:30-7:30pm	HOL
1025	18yrs+	Sa	3/25-5/13	9-10am	HOL



➤ **NEW! Facts on Homeownership**-Learn how to prepare yourself financially for homeownership, buy and keep a home. Fee: None.

991	18yrs+	M	4/10	7-8pm	ESCA
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# Activities for Adults

**Nothing kills a good course quicker than when everyone waits until the last minute to register. If there aren't enough registrations by a certain date, the course may be canceled.**

**French Language and Culture**-A beginner's class for those who would like to learn about the country of France and the French language. Learn common phrases, vocabulary and pronunciation as you explore the cities, food, art, music and more of this interesting country. Fee: \$37.  
1028 16yrs+ Th 3/23-5/11 6-7:15pm WCC

**German Language**-An introductory class for those who would like to learn common phrases in German. Emphasis will be placed upon vocabulary and pronunciation as well. Fee: \$37. \*No class 4/5.  
1029 18yrs+ W 3/22-5/17\* 6-7:15pm PAC



**Homebuyer Education & Learning Program (H.E.L.P.)**-If you are interested in buying your own home but feel you may not qualify, H.E.L.P. will prove to be an exciting informative program to answer your home buying questions. Receive guidance on budgeting for home purchase, shopping for a realtor, negotiating offers, shopping for a home loan, the closing process, and home maintenance tips. Fee: None.  
1033 18yrs+ W 5/3 & 5/10 6-9:30pm PDS

Ⓢ **NEW! How to Purchase a Car**-Americans spend more money on motor vehicles than on any other product except housing. Learn how to answer these questions; whether to buy, what to buy, how to buy, and how to finance. Fee: None.  
992 18yrs+ M 4/3 7-8pm ESCA

**It's a Start**-Looking for a job? Bring in your resume and we can help you make it more effective by using one of the computer programs such as Resume Wizard, the Tempe Public Library's Resource Room at the Escalante Community Center. Fee: None.  
18yrs+ M-F 3/20-5/12 11am-3pm ESCA

Ⓢ **NEW! Italian Lessons**-Learn to speak conversational Italian with Cristina Vitturi. Fee: \$14.  
989 18yrs+ Th 3/23-5/4 7:30-8:30pm ESCA

**Sign Language; Beginning 480-350-5201**-Learn to communicate using American Sign Language. This class will cover the alphabet and phrases using handouts, games and activities. \$5 supply fee due to instructor on first day of class. Fee: \$41.  
628 18yrs+ W 3/29-5/17 6-7pm KRC

**Sign Language; Intermediate 480-350-5201**-Advance your vocabulary and signing conversations. Emphasis is on dialogue and receptive skills. Prerequisite: Beginning Sign Language. \$5 supply fee due to instructor on first day of class. Fee: \$41.  
1267 18yrs+ W 3/29-5/17 7:15-8:15pm KRC

**Spanish Level 1**-Basic Spanish using common phrases and vocabulary for greetings, numbers, days, months, color, food and weather. Fee: \$34  
1045 18yrs+ M 3/20-5/8 6-7:15pm PAC  
1046 18yrs+ M 3/20-5/8 7:30-8:45pm PAC

**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.

**Spanish Level 2**-Continuation of level 1. You will learn more about verbs, idioms and forming questions. Fee: \$37  
1047 18yrs+ W 3/22-5/10 7:30-8:45pm PAC

**Spanish Level 3**-Continuation of level 2 with focus on conversation skills. Fee: \$37  
1048 18yrs+ W 3/22-5/10 6-7:15pm PAC

**Starting a Home Based Business**-Explore the opportunities available to you in working from home. You will examine 30 businesses you can be successful at from home. Learn how to price your services so you make money, low-cost marketing strategies, how to balance your business and home life and more! Janet Drez, president of A Perfect Solution, Home-Based Business Council Chairwoman and national speaker has been helping people make the successful transition from employee to entrepreneur for 18 years. Fee: \$22.  
1049 18yrs+ Sa 4/22 Noon-4pm PAC

Ⓢ **NEW! Understanding Credit**-Credit scores can be confusing. Learn how to understand your credit score and get tips on how to increase your credit. Fee: None.  
993 18yrs+ M 3/27 7-8pm ESCA

**It's Your Business @ the Library**  
**480-350-5511**  
<http://www.tempe.gov/library/events/yourbiz.htm>

To register for a business class, call 480-350-5511. For more information about these free programs call Rolf Brown at 480-350-5563.

**Planning For the New Year: Turning Your Financial Plans Into Action**-Do you start the new year with the objective of putting your financial house in order and end realizing little if any progress has been made? If so this program is for you. Jeff Cutler will explain how to build a workable plan and stick to it.  
Th 2/16 7pm TLC


**Demystifying Real Estate for the Home Buyer**-Real estate professionals will talk about what the first time buyer needs to do to purchase a home. Costs, time frame, credit history and numerous other details will be covered in this comprehensive program. Detailed handouts supplied.  
Th 2/23, 3/9, 4/20, 5/18 6pm TLC

**Goal Setting**-Motivational speaker James Murphy will present a seminar about creating goals, measuring results, prioritizing and finding the self-discipline to sustain your commitment.  
Th 3/2 7pm TLC

**WITHOUT YOUR CITY LIBRARY...**



**WHERE WOULD YOU CHECK IT OUT?**

A reminder from your city of  ARIZONA

**The Yea and Nay of IRA's**-Investment professionals present financial vehicles that will reduce tax burden and increase growth of retirement funds. The rules regarding creation and liquidation of these funds and the changes in the law that may affect your current plan.  
Th 3/16 7pm TLC

**Money Management: A Women's Perspective**-Education for women on investing and protecting their families in today's marketplace.  
Th 3/30 7pm TLC

**Learning to Become the Millionaire Next Door**-This seminar conducted by financial industry professionals will discuss the principles of financial management drawn from best selling book. These principles will be distilled into clear points that anyone can act on to improve their financial future  
Th 4/6 7pm TLC

**Staying Motivated**-Motivational expert James Murphy discusses ways to maintain your motivation and keep making progress toward your goals. This seminar will help you achieve by finding ways sustain your efforts over a long enough period to succeed.  
Th 4/13 7pm TLC

**Spending to Save: Saving For What You're Already Spending**-Jeff Cutler, a financial industry professional, will talk about what for many people is a serious concern, sustaining and covering their current spending levels. This is the first step toward building a realistic savings plan for the future.  
Th 4/27 7pm TLC



**Computer Instruction**

**For information about computer classes at Escalante Community Center call (480)350-5800.**

**Using E-connect to Register for Courses**-Learn how to use our computers to register for seasonal classes online. Fee: None.  
1253 18yrs+ Tu 2/28 10-11am ESCA

**Internet and E-mail Made Easy**-What is the internet? Learn all about "surfing the web", how to use a search engine and send messages, electronically! A working knowledge of computers, the keyboard and the mouse is required for this program. Fee: \$10.  
974 18yrs+ Tu 3/21-4/18 10-11am ESCA



# Activities for Adults

**Working with Word**-Learn how to create letters, edit documents, create tables, labels and more using Microsoft Word! A working knowledge of computers, the keyboard and the mouse is required for this program. Fee: \$10.  
973 18yrs+ W 3/22-4/19 10-11am ESCA

**Excel Basics**-Learn how to prepare, edit, sort and save simple lists and formulas in a spreadsheet using Microsoft Excel! A working knowledge of computers, the keyboard and the mouse is required for this program. Fee: \$10.  
972 18yrs+ Th 3/23-4/20 10-11am ESCA

**For information about computer classes at KRC call 480-350-5201.**

**Microsoft Excel (Intermediate) 2003 Part 1 480-350-5201**-This course is designed for those familiar with Microsoft Excel or who have completed the Excel Basic Class. Students will be taught chart and data organization, basic formulas and file management. Fee: \$58.  
745 18yrs+ Sa 3/25 12:30-3:30pm KRC

**Microsoft Excel (Intermediate) 2003 Part 2 480-350-5201**-This course is a continuation of the Microsoft Excel Intermediate class. Students will continue to explore advanced data presentation, basic formulas and file management. Fee: \$58.  
746 18yrs+ Su 3/26 12:30-3:30pm KRC

**Microsoft PowerPoint (Intro) 2003 Part 1 480-350-5201**-This workshop is intended for people who want to learn how to prepare and create on screen presentations in various formats. Class will cover slide shows, text charts, wizards and adding and deleting slides. Fee: \$58.  
747 18yrs+ Sa 4/22 1-4pm KRC

**Microsoft PowerPoint (Intro) 2003 Part 2 480-350-5201**-This workshop is intended for people who want to learn how to prepare and create on screen presentations in various formats. Class will focus on adding auto shapes, tables, inserting clipart, animation effects and using templates. Fee: \$58.  
748 18yrs+ Su 4/23 1-4pm KRC

**To register for a computer class at the Library, call 480-350-5511. For more information, call Rolf Brown at 480-350-5563. Fee: None. REGISTRATION REQUIRED as space is limited. <http://www.tempe.gov/library/events/nettrain.htm>**

**Basic Computer and Internet Skills**-Learn the basic skills needed to use a computer and access the Internet. This free two-hour workshop introduces computers, how they work and how to use them. It will be offered each Tuesday at 7pm in the Library's Gates Computer Lab through April 25th. No class on March 14.

**Ancestors: Genealogy on the Web**-Learn how to access the enormous amount of genealogical information now available on the Internet.  
M 2/27, 4/24 7pm Gates

**Introduction to MS Word**-This two-hour class is an introduction to Microsoft Word for people who are familiar with computers but have limited word processing experience.  
W 3/1, 4/5 7pm CAC

**Surfing the Web**-This class for Internet beginners covers the components of a Web address, Web browsers, search engines, Internet service providers and e-mail basics. Get hands-on practice using a search engine to surf the Web searching the Library's Web-based online catalog. Prerequisite: Some experience in using a computer mouse.  
M 3/6, 4/10 7pm Gates

**Introduction to PowerPoint**-This two-hour class is an introduction to Microsoft PowerPoint for students who are familiar with computers but have not used PowerPoint before.  
W 3/8, 4/12, 7pm CAC

**Activity Dates:** Classes begin week of March 20 or 27 unless otherwise noted in class descriptions. See page 2 for Code of Location Abbreviations.

**Introduction to Online Auctions**-Getting lost on eBay? This class will show you how to find an item, how to bid on that item and various ways to pay for items on online auctions, such as eBay. The instructor explains common auction terms and typical site features.  
M 3/13 7pm Gates

**Introduction to Excel**-This two-hour class is an introduction to Microsoft Excel for students who are familiar with computers but have not used Excel before.  
W 3/22, 4/19 7pm CAC

**Email Basics**-This two-hour class is an introduction to web-based email for students who are familiar with computers but want to learn more about email.  
W 3/29, 4/26 7pm CAC

**Meet the Authors 480-350-5511**  
<http://www.tempe.gov/library/events/booktalk.htm>

**Jon Talton**  
**Thursday, February 23, 7pm, YLMR**  
*Arizona Republic* columnist Jon Talton will be at Tempe Public Library to speak and to sign his new mystery novel, *Dry Heat*. Talton is a fourth-generation Arizonan, who returned to Phoenix in 2000. He was an award-winning journalist in San Diego, Denver, Dayton, Cincinnati and Charlotte. Over 20 years he has specialized in the coverage of regional and urban economies, as well as the oil, auto and banking industries. Jon's columns have been carried in newspapers throughout North America. He has also been a regular guest on CNBC. Jon is the author of six novels, including the David Mapstone mysteries, which are set in Arizona.



**Learn @ the Library**  
**468-350-5511**  
<http://www.tempe.gov/library/events/booktalk.htm>

**Understanding America: Lifestyle and Culture**-This program, for people who are new to the United States, offers a practical overview of how things work. From buying a car to deciding whether to take a job in another part of the country, find out about the details of living here that were never taught in school. The group will meet on Thursday evenings at 7pm at Tempe Public Library in Study Room E. For more information telephone Rolf Brown at 480-350-5563. To register for this free program, phone 480-350-5511.

2/16 Sports  
2/23 Culture-From Art and Stage to Reading Material  
3/2 Dining Habits  
3/9 Automobiles / Transportation  
3/16 Shopping  
3/23 Utilities and Infrastructure



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For more information about Tempe Connections see pages 6 and 21 in this brochure.

**Book & Film Discussion Groups**  
**480-350-5511**  
<http://www.tempe.gov/library/events/booktalk.htm>



**Bilingual Film Discussions**-Come explore the complex and colorful weave of Latin American, Latino and Spanish film. View the movies on your own in the language of your choice, then meet to discuss them on the first Monday night of each month at 7pm in the Library's second floor conference room. The films are in English, Spanish, and Portuguese; discussion will be in whichever of these languages works best

for the group assembled. Dr. David Foster, past Chair of the Department of Languages and Literatures and Regents' Professor of Spanish, Women's Studies and Interdisciplinary Humanities at ASU, leads the discussions. This series is made possible by ASU's Faculty Ambassador Program. For more information, please call the Library Reference Desk at 480-350-5511.

3/6 *Real Women Have Curves* (PG-13) USA  
4/3 *Central do Brasil/Central Station* (R) Brazil  
5/1 *Todo Sobre Mi Madre/All About My Mother* (R) Spain

**Great Books**-The Great Books group meets on the second and fourth Tuesday of each month at 7pm in the Youth Services Meeting Room. Volunteers Kathy and Don Dietz serve as discussion leaders. Many selections may be found in the new Great Books anthology, *Great Conversations I*; participants provide their own copies. For information about book availability call 480-350-5566 or visit the discussion group's web site at <http://www.tempe.gov/library/events/grtbooks.htm>.

2/28 *Swann's Way* Marcel Proust  
3/14 *The Secret Sharer* Joseph Conrad  
3/28 *The Theory of the Leisure Class* Thorstein Veblen  
4/11 *The Stages of Life* Carl Jung  
4/25 *Tell Me a Riddle* Tillie Olsen  
5/9 *Boys and Girls* Alice Monroe  
5/23 *Leaves of Grass* Walt Whitman

**Mystery Lovers Club**-Are you an avid mystery reader? If so, you are invited to meet with other fans on the first Saturday of each month to discuss favorite mystery books or authors. Participants are required to provide their own copies of the books to be discussed. For leading the discussion rotates around the group. For more information, contact Collection Management Librarian, at 480-350-5557, weekdays.

3/4 *Detectives in Stilettos*  
4/1 *Birth Marks* Sarah Dunant  
5/1 *Baltimore Blues* Laura Lippman

